

Case history & Contract

As a new patient, we welcome you to our practice and would like to ask you to fill out all 3 pages (both sides) of this questionnaire completely.

Last Name: _____

First Name: _____

Address: _____

Phone: _____

E-Mail: _____

Date of birth : _____

Number and age of Kids: _____

Occupation/ job situation: _____

Type of activity: sitting standing physically

Type of health insurance:

Statutory insurance at _____

Private at _____

Aid Supplementary insurance for naturopaths

How did you hear about us/find us?

Contract

For naturopathic treatment. However, if medical advice is required or if we are not allowed to treat you due to a legal ban on our activity, we will give you a referral recommendation.

Billing

We charge €90 for the initial anamnesis, €60 for further treatments or discounted package prices. These are to be paid in cash or by EC card after the treatment. Invoices for private, subsidy or supplementary insurance may vary. Statutory health insurance companies usually do not cover these costs. Please find out for yourself whether and to what extent your statutory, private or private supplementary insurance will cover the treatment costs or parts thereof.

Fee for missing an appointment

Unfortunately, it often happens that appointments are spontaneously canceled or not attended without an excuse. Since we are an ordering practice and cannot usually reassign the appointment reserved for you at short notice, we reserve the right to charge you a cancellation fee of €40 if you cancel less than 24 hours before the agreed appointment. (Please cancel Monday appointments on Fridays or at the weekend by e-mail). You can still be sure that we will do our best to resell the appointment.

We offer an automatic email reminder for your appointments. May we remind you?

Yes No, thanks

May we send you greetings (e.g. birthdays, public holidays, etc.)?

Yes No, thanks

Privacy

The EU General Data Protection Regulation (GDPR) has been in effect since May 25th, 2018. We only collect the data that is important for your treatment and our documentation/storage obligations.

Secrecy

All employees, including trainees and interns, are subject to confidentiality. If we request information for payers, doctors or family and friends, we request a written release from this duty of confidentiality.

Education about the treatment

Dear patient,

Carried out by a qualified therapist, both chiropractic and osteopathic treatment offer one of the lowest-risk therapies in medicine. However, the duty of care and information requires that every patient be informed about the typical risks and the possible consequences of the treatment. This information should prepare the subsequent briefing and document the most important points. The completeness of the examination requires the inclusion of the whole body. It is therefore an advantage to pay attention to suitable clothing.

Treatment reactions:

If the musculature is treated, muscular (similar to a sore muscle) can sometimes appear hours to days later, which, especially if treated with ice, subside quickly. There may be a short-term feeling of instability in the treated area, as well as temporary tiredness, headaches and slight dizziness. All of these reactions are normal and completely harmless.

Alternative and complementary treatment methods:

There may be therapeutic alternatives for the treatment of functional diseases of the musculoskeletal system, such as physiotherapy, osteopathy, medication and surgery. We are at your disposal to weigh up the best therapy concept for you.

Treatment risks:

The manual treatment of the spine is, comparatively, a very low-risk treatment. Certain risks that can arise from chiropractic in general, which we minimize through careful choice of technique, but must nevertheless mention, are:

- Neck pain, which may radiate to one or both arms or legs. It can also lead to sensory disturbances.
- Bruises or fractures
- In the case of a previously damaged intervertebral disc or a clinically inconspicuous herniated disc, complaints can occur in the sense of an occasional cause, i.e. this event would also have been triggered by another "banal trigger", such as coughing or clumsy bending over.

Please inform us when:

- You have ever had problems after manipulations.
- You have a history of osteoporosis.
- You are taking steroid hormones such as cortisone or anticoagulants (“blood thinners”) such as Marcumar, ASS or similar.
- You are aware of congenital malformations or peculiarities of the vertebrae and spine or other bones.
- You have or are suffering from tumor diseases (and/or metastases).
- You suffer from rheumatic joint diseases/autoimmune diseases.
- You do not want a particular treatment. Before the respective adjustment, we will announce this to you and explain it briefly.

I have read the treatment contract in its entirety and certify that this information is true.

Date _____

Signature (Patient) _____

Signature (Chiropractor) _____

The anamnesis part

What are your current complaints?

How long do you have these complaints?

for years for one year for months for weeks for days

Did you have these complaints before?

No, it's the first time Yes, often regularly

How did it start suddenly gradually?

Have you been treated before?

No Yes, by _____

Diagnosis _____

Therapies Chiropractic Acupuncture Homeopathy
 Massage Injections Physiotherapie
 Other, _____

Results good results little results no results

Are you taking any medication?

No Yes, which?

Ibuprofen Voltaren Diclophenac Cortison Tramal
 Ortoton Other, _____

Do these drugs help? yes bad short term

Have you had accidents, falls, etc. in your life? No Yes

If yes, which? _____

Do you wear med. foot orthotics?

No If yes, which? _____

Did you have the following surgeries?

Appendix Tonsils Gallbladder Spinal disc

Hip/ Pelvis Knee Heart Abdomen / Intestine

Others _____

Which of the following complaints have you had in the last six months?

TMJ Problems (Jaw) cardiac arrhythmias Asthma Dizziness

Migraine Tinnitus Metabolism/digestion complaints

Question to our female patients, are you pregnant? No Yes, in ____month

Do you sleep well? Yes No In which position? _____

Do you do any sports? When yes, which: _____

Which stimulants do you take more or less regularly?

Coffee Tea Alcohol Cigarettes Sugar

Drinking amount (Water or like that) per day: approx. _____ Liters

Always remember - healing takes time!

Your body is capable of amazing things, but healing is a process that takes time and help!